



BARNFIELDS EXTRA

BARNEY BEARS NURSERY

Food and Drink Procedure

The nursery has clear procedures to ensure food hygiene and procedures are observed by staff and children.

Children should always wash their hands after using the toilet and after completing 'messy' activities – particularly before handling food e.g. snack time, lunch time and cooking activities.

Cooking equipment should be kept in the designated cupboards and should always be put away clean.

Tables used for snack or lunchtimes should be cleaned with antibacterial spray before and after the food is served.

All children's milk and dairy products are kept cool in the fridge.

The fridge is regularly emptied and cleaned with antibacterial spray.

The fridge temperature is checked daily as part of risk assessment.

Fresh drinking water is always available to the children. The children are informed how to obtain the water and that they can ask for water at any time.

Children are not allowed to share or swop food in order to protect any children with food allergies. Barney Bears Nursery is a 'nut free' setting and children are not allowed to bring nuts onto the premises.

We use snack and lunch time to help children develop independence through making choices, serving food and drink and feeding themselves.

We organise snack and lunch time so that they are social occasions in which the children and staff participate.

We require staff to show sensitivity in providing for children's diets and allergies. Staff do not use a child's diet or allergy as a label for the child or make a child feel singled out because of his/her diet or allergy.

Staff do not have a break during the session so will have a hot drink in a safety cup, with a lid, to ensure no spillage.