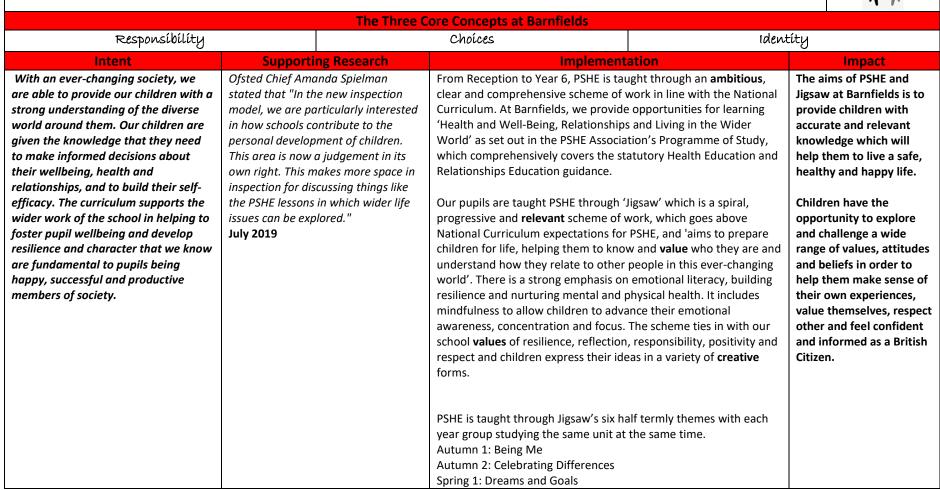


Barnfields Primary School: PSHE

Subject Leader Curriculum Intent, Implementation and Impact Overview

Subject Quest: To acquire knowledge, understanding and skills needed to develop physically, mentally and emotionally, creating healthy individuals who can make informed decisions about their lives and their future.



Subject Quests/Core Concepts:

At Barnfields Primary School, we understand that all subjects seek to do something – or rather the people engaging in them are seeking to do something, either collectively or individually. Once we understand the intended nature of each subject, we can then consider at greater length the knowledge that is to be imparted. These 'quests' and 'Core Concepts at Barnfields' enable us to engage in informed discussions and decisions around curriculum planning and teaching in the classroom.



		Spring 2: Healthy Me		
		Summer 1: Relationships		
		Summer 2: Changing Me (including Sex Education)		
		Tied into the themes of Jigsaw, Barnfields promotes learning of		
		British Values, and SMSC and is taught in such a way as to reflect		
		the overall aims, values, and ethos of the school.		
		In addition to our PSHE Jigsaw curriculum, Barnfields also approaches PSHE through other areas of learning including E- Safety in computer science and Science through healthy eating. Issues relating to PSHE are often discussed with the Junior Leadership Team, as well as promoting awareness of mental health and anti-bullying through whole-school activities and		
		assemblies.		
At Barnfields Primary School, we understand that it is our responsibility to deliver a high-quality, age- appropriate and evidence-based relationships, sex and health curriculum for all our pupils. Our PSHE curriculum equips children with relevant and meaningful content, which is supported through a strong	The DfE states that 'Knowledge about safer sex and sexual health is important to ensure that young people are equipped to make safe, informed and healthy choices. This should be delivered in a non- judgemental, factual way and allow scope for young people to ask questions in a safe environment.	The statutory guidance for Relationships and Health Education for primary schools and RSE (commonly jointly referred to as RSHE), came into effect in September 2020 and at Barnfields, we provide children with a full education of relationship and sex education. We begin to teach the RSHE curriculum during the summer term through Jigsaw's programme of study. The lessons are taught through two topics: Relationships and Changing Me (including sex education).	Our provision equips children with an understanding of life in modern Britain and prepares them to be tolerant and accepting of the full diversity of the world they live in.	
emphasis on emotional literacy, building resilience and nurturing mental and physical health.	Schools have the freedom to develop an age-appropriate, developmental curriculum which meets the needs of their young people, in consultation with parents and the local community.'	Over the first half term, the Relationships topic is taught. The content is pitched at an appropriate level for the children's social and emotional development and therefore differs vastly throughout the year groups. For example, in Key Stage One children learn about family relationships and begin to learn about different family structures in their own community and the wider world. In Lower Key Stage Two, children learn about family roles and responsibilities and how this impacts them and their lives. Children will also reflect on how these differ across a variety of cultures. In Upper Key Stage Two, children learn about love and	Relationships Education focuses on giving children the knowledge they need to make informed decisions about their wellbeing, health and relationships, therefore building their self- efficacy.	
		loss, and how to acknowledge these feelings whilst giving them strategies to cope. There are many more areas of Relationships	Health Education focuses on equipping children	

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	that are covered across the school: they provide children with the	with the knowledge they	
	tools to carry with them on the next stage of their lives.	need to make good	
		decisions about their own	
	Summer 2 offers the Changing Me (including sex education) topic.	health and wellbeing.	
	During this time, children will learn all about life cycles and their		
	bodies. As with all of our PSHE and RSHE units of work, Changing		
	Me is planned and delivered carefully and sensitively. Part of the		
	Key Stage One provision focuses on growing up, coping with		
	change and begins to look at life cycles, including changes since		
	birth. In Lower Key Stage Two, examples of their learning include:		
	how babies grow; understanding a baby's needs; outside body		
	changes and inside body changes. Whilst in Upper Key Stage Two,		
	the children learn about self- and body image, Influence of online		
	and media on body image, puberty for girls and puberty for boys.		

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