




## Barnfields Primary School: Physical Education

Subject Leader Curriculum Intent, Implementation and Impact Overview			
Subject Quest: <i>Develops students' competence and confidence to take part in a range of physical activities that become a central part of their lives, both in and out of school</i>			
The Three Core Concepts at Barnfields			
Collaboration	Challenge		Performance
Intent	Supporting Research	Implementation	Impact
<p><b><i>At Barnfields Primary School, PE is a vital part of school life and ultimately children's future well-being. We believe that PE is essential in supporting their physical, emotional, spiritual, social and moral development. It is therefore our intent to provide an inclusive, broad and balanced PE curriculum that develops the children's knowledge, skills and understanding so that they can perform and compete with increasing competence and confidence.</i></b></p>	<p><b>Ofsted's Research Review Series:</b> "In PE, pupils learn increasingly intelligent movement and important knowledge that can reduce barriers to participation and inform their own healthy, active lifestyle choices. PE provides a gateway into the world of sport and physical activity."</p> <p>They also highlight that 'PE plays a vital role in connecting important ideas about health to physical activity.' <i>Ofsted (2022)</i></p> <p><b>The National Curriculum</b> states: "A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build</p>	<p>At Barnfields, P.E. is taught for two hours a week: once with our specialist sports coach and the other session is taught by your child's class teacher. P.E. lessons are adapted to be equitable for all: those with SEND, physical, social impairments or needs, as well as ensuring children who excel in sports are challenged appropriately to reach their potential.</p> <p>We recognise how vital it is to secure Fundamental Movement Skills (FMS) building blocks in the Early Years and Key Stage 1 to equip and enable our children to progress and develop movements that lead to more focused and complex skills used in games, sports, movement and recreational activities. Our carefully constructed curriculum includes FMS-specific units to embed the essential skills and knowledge ready to build upon and expand their skill and knowledge base in Key Stage 2.</p> <p>When mapping our P.E curriculum, we recognise the importance of a strong, clear sequence of lessons and progression, ensuring we are building on the skills, knowledge and confidence acquired each year. We provide clear, consistent sequences for the lessons, within each unit. These are built upon through a carefully planned sequence across the school, ensuring the children at Barnfields have a wide and thorough coverage of skills, knowledge and sports (which are referred to as vehicles).</p> <p>At Barnfields, we promote and drive the important connection between health and physical activity through all our lessons,</p>	<p><b>All children will improve their well-being and physical fitness</b></p> <p><b>Healthy body, healthy mind</b></p> <p><b>Assessment ensures challenge and support</b></p> <p><b>How sport and exercise should be sustained</b></p>

### Subject Quests/Core Concepts:

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	<p>character and help to embed values such as fairness and respect.”</p> <p><b>The Association for PE</b>, in its 2015 report, strongly recommended allocating 2 hours per week to PE which has been supported and cited by Ofsted in its recent report (2022)</p> <p>“To have the best chances of establishing and maintaining physically active lives both across a broad range of activities and in the long term, it is important that pupils develop secure foundations for movement. To do this, they need to develop adequate levels of fundamental movement skills (FMS) in the early years.” <i>D Kirk, ‘Physical education, youth sport and lifelong participation: the importance of early learning experiences’, in ‘European Physical Education Review’, Volume 11, 2005, pages 239 to 255</i></p>	<p>ensuring there is opportunity for discussions pertaining to the effect of physical activity on our bodies: both physically and mentally, the importance of healthy lifestyles, the need for safe and correct practice in all disciplines of sport.</p> <p>PE is a vocabulary-rich subject; therefore, we ensure that we equip the children with not only a strong and comprehensive range of FMS, tactical awareness and transferrable skills, but also a breadth of subject, sport specific vocabulary to further embellish and strengthen their knowledge, confidence and enjoyment of PE and sports.</p> <p>All of this combines to ensure we are providing our children with an ambitious, equitable and broad curriculum, with opportunities to reach their full potential to achieve sporting excellence. They are enabled and encouraged to gain and embed a strong sporting skill set, knowledge, curiosity, confidence and love of physical education; whilst choosing and adopting a life-long healthy, active lifestyle.</p>	
<p><b><i>Our curriculum ensures all children have the opportunity to flourish in a range of different physical activities - these include dance, games, gymnastics, swimming and water safety, athletics and outdoor adventure activities.</i></b></p>	<p>‘Once secure, FMS form the building blocks for more complex movement skills, which will be heavily relied on for successful participation in a variety of physical activities.’ DF Stodden, JD Goodway, SJ Langendorfer, MA Robertson, ME Rudisill, C Garcia and LE Garcia, ‘A developmental perspective on the role of motor skill competence in physical activity: an emergent</p>	<p>At Barnfields, we are committed to providing the pupils with a wide range of physical activity focuses (vehicles) to experience, enjoy and apply their skills and knowledge to, through our carefully considered and mapped curriculum.</p> <p>We refer to these focuses as ‘vehicles’ to make it explicit to the pupils that they are not merely learning how to play a specific sport, but are using the sport focus as a vehicle to develop their FMS and tactical, strategic awareness and understanding they have acquired in previous lessons, units and year groups. We emphasise the importance of constantly reflecting upon and building upon skills and knowledge, as well as showing the</p>	<p><b>All children will participate in a wide variety of sports throughout the school. Children will develop an understanding of tactic and strategy which can be applied to a range of sports. High-quality PE lessons are delivered to children on a weekly basis with</b></p>

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	<p>relationship', in 'Quest', Volume 60, 2008, pages 290 to 306</p> <p>'Proficiency in FMS acts as a strong platform to navigate different 'mountain peaks' (sports and physical activities) and provide the knowledge for pupils to confidently and competently explore a greater range of them.'</p>	<p>importance and need for transferrable skills and knowledge across a wide breadth of sports.</p> <p>We closely follow the PEDPASS units of study, leading on from our exclusive FMS focuses in EY and early KS1. PEDPASS gives clear and comprehensive coverage of key skill and knowledge focuses, essential for the complete development of each child's knowledge, understanding, skill and confidence. They encompass:</p> <ul style="list-style-type: none"> <li>Dance</li> <li>Invasion Games</li> <li>Swimming</li> <li>Net and Wall</li> <li>Striking and Fielding</li> <li>Gymnastics</li> <li>Athletics</li> <li>OAA &amp; Team Games</li> </ul> <p>Each year group has a unit of dance and gymnastics built into their PE curriculum map for the year, ensuring there is comprehensive coverage in these fundamental, compulsory units of study across our whole school road map. This allows for the children to build upon the skills, knowledge, challenge and confidence acquired year upon year.</p> <p>We have the unique advantage of the skills of a specialised dance teacher who teaches the dance units of study across the entire school: EYFS through to KS2. This ensures the coverage in this key area of the PE curriculum is strongly met and developed throughout the school, building those crucial FMS alongside the comprehensive knowledge and understanding in dance.</p> <p>We are fortunate enough to have fostered and developed strong links within the local community also – enabling us to offer the children across KS1 and KS2 with specialised teaching and coaching (alongside our teachers) in cricket and football.</p>	<p><b>our Sports Specialist and Dance Specialist.</b></p>
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		<p>The children in Year 5 have the opportunity to develop their water safety and swimming skills at Stafford Leisure Centre, receiving specialised and tailored teaching to support and enable they meet the fundamental key skills and knowledge in this crucial area of the curriculum. In the summer term, those pupils in Year 5 and Year 6 who are still yet met the expected minimum requirements for the end of KS2 will be provided the opportunity to reach these through an additional targeted, intensive intervention.</p> <p>Pupils in Years 4 and 5 are introduced to OAA (Outdoor and Adventurous Activities) and team games with our specialised sports coach. The children in Years 5 and 6 are also provided with the opportunity to explore and develop this focus of study further when attending specialised outdoor education centres for both a one day and week residential stay respectively. This opportunity to experience less familiar and more adventurous activity builds children’s cultural capital, and allows them to apply and transfer their embedded skills, knowledge to a variety of new, exciting and challenging disciplines.</p> <p>Leadership is strongly encouraged and developed in Upper Key Stage 2, with units of focus planned to enable the children to explore this area: playground games and sports leadership, umpiring, tactical decision making and game organisation.</p>	
<p><b><i>Beyond merely a subject, we also believe that participation in sporting activity is a key element of developing a school in which pupils are proud of the community in which they belong. Children have the opportunity to compete in sport and other activities that build character and help to embed values such as teamwork, fairness, resilience and respect.</i></b></p>	<p>Ofsted’s Research Review (2022) state “Extra-curricular provision and sport that occur within school can and should complement and enrich the PE curriculum for all. In this way, there is a symbiotic relationship between timetabled lessons and extra-curricular participation.”</p> <p>“Beyond physical participation, the traditions and cultural reference</p>	<p>At Barnfields, we are committed to offering the children as many opportunities as possible to engage in wide variety of different sports through extra -curricular, taster day sessions and specialised coaching.</p> <p>We are extremely proud to offer an extensive (and continually growing) range of clubs to the children at school: Cross Country, Mixed Football, Girls’ Football, Year 1 Football, Cricket, Tag Rugby, Netball, Basketball, Handball, Dodgeball, Athletics, Multi-skills, Cycling and Dance.</p> <p>Our clubs are fully-inclusive and we welcome and encourage all pupils to join and partake in all activities, clubs and sports offered.</p>	<p><b>The creation of a strong sporting community in school and within the locality.</b></p> <p><b>Children have the opportunity to participate in a wide variety of after-school clubs to further develop interests and skills.</b></p> <p><b>Increased participation in sports by girls and</b></p>

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	<p>points associated with sport and physical activity are part of our shared heritage. Without being taught the language of sport and physical activity, pupils can miss out on an enriching aspect of our communal life.”</p>	<p>We promote an inclusive, accessible and fun environment for all with our clubs.</p> <p>As well as this, we also consciously provide more specific and targeted coaching within the clubs to enable those more able pupils to further develop their skills and have the opportunity to build towards various inter sporting competitions.</p> <p>Our specialist dance teacher offers a wide range of extra-curricular dance classes throughout the year to all children in school, and beyond. These include ballet, contemporary, street dance and musical theatre.</p> <p>We have fostered strong links with Stoke City FC, SRUFC and Wildcats Girls FC who provide specialised coaching for our children in extra-curricular clubs.</p> <p>At Barnfields, we recognise the importance of encouraging and promoting strong links with sporting clubs in the community and do this through our extra-curricular and taster days, as well as signposting children to various different sporting clubs and opportunities to explore. We share an extensive list of local clubs and suggested sports to all children and parents to encourage as much recreational and independent participation in physical activity and sports as possible.</p> <p>Playtimes and dinner times are encouraged to be active with ‘active boxes’ full of specifically chosen equipment to support and inspire active play.</p> <p>Sporting Excellence is one of a key aims and drivers for pupils at Barnfields. We offer and partake in variety of inter school sports events throughout the year: both competitive and inclusive. With this in mind, we plan in and provide targeted, specific coaching and support (where necessary) in preparation to give our pupils the best opportunity to perform competitively and to the best of</p>	<p><b>breaking the stereotype of ‘boy’ sports. Strong links built and maintained with local clubs and Walton.</b></p>
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		<p>their ability. We are extremely proud of our achievements and participation in the inter school events: SDSSPA, School Games and County Finals.</p> <p>We further celebrate and develop Sporting Excellence through role models. Identifying, celebrating and empowering those children who have made significant contributions in our lessons, sporting teams and extra-curricular clubs. These children not only display the sporting excellence of physical skill, talent and flair, they also demonstrate excellent sporting attitudes, teamwork, fair play, resilience and positivity. They embody the values of our school through their approach to sporting activity and events, and are subsequently selected as Sports' Ambassadors in Y6 to promote, support and drive that year's sporting and active events. They play an active role in helping make decisions and choices, make suggestions and ideas to drive PE forward, gauge opinions of peers, support in coaching, encourage others to engage and compete and represent the school at the highest level. This is an extremely well respected and coveted role that all children, across the school, look to with admiration and the utmost regard.</p>	
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