



Barnfields Primary School: PSHE

Subject Leader Curriculum Intent, Implementation and Impact Overview			
Subject Quest: <i>To acquire knowledge, understanding and skills needed to develop physically, mentally and emotionally, creating healthy individuals who can make informed decisions about their lives and their future.</i>			
The Three Core Concepts at Barnfields			
Responsibility		Choices	Identity
Intent	Supporting Research	Implementation	Impact
<p><i>With an ever-changing society, we are able to provide our children with a strong understanding of the diverse world around them. Our children are given the knowledge that they need to make informed decisions about their wellbeing, health and relationships, and to build their self-efficacy. The curriculum supports the wider work of the school in helping to foster pupil wellbeing and develop resilience and character that we know are fundamental to pupils being happy, successful and productive members of society.</i></p>	<p><i>Ofsted Chief Amanda Spielman stated that "In the new inspection model, we are particularly interested in how schools contribute to the personal development of children. This area is now a judgement in its own right. This makes more space in inspection for discussing things like the PSHE lessons in which wider life issues can be explored."</i></p> <p style="text-align: center;">July 2019</p>	<p>From Reception to Year 6, PSHE is taught through an ambitious, clear and comprehensive scheme of work in line with the National Curriculum. At Barnfields, we provide opportunities for learning 'Health and Well-Being, Relationships and Living in the Wider World' as set out in the PSHE Association's Programme of Study, which comprehensively covers the statutory Health Education and Relationships Education guidance.</p> <p>Our planning is supported by 'Jigsaw' which is a spiral, progressive and relevant scheme of work, which goes above National Curriculum expectations for PSHE, and 'aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'. There is a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus. The scheme is adapted to suit our children and ties in with our school values of resilience, reflection, responsibility, positivity and respect and children express their ideas in a variety of creative forms.</p> <p>PSHE is taught through Jigsaw's six half termly themes with each year group studying the same unit at the same time.</p> <p>Autumn 1: Being Me Autumn 2: Celebrating Differences Spring 1: Dreams and Goals</p>	<p>The aims of PSHE and Jigsaw at Barnfields is to provide children with accurate and relevant knowledge which will help them to live a safe, healthy and happy life.</p> <p>Children have the opportunity to explore and challenge a wide range of values, attitudes and beliefs in order to help them make sense of their own experiences, value themselves, respect other and feel confident and informed as a British Citizen.</p>

Subject Quests/Core Concepts:

At Barnfields Primary School, we understand that all subjects seek to do something – or rather the people engaging in them are seeking to do something, either collectively or individually. Once we understand the intended nature of each subject, we can then consider at greater length the knowledge that is to be imparted. These 'quests' and 'Core Concepts at Barnfields' enable us to engage in informed discussions and decisions around curriculum planning and teaching in the classroom.



		<p>Spring 2: Healthy Me Summer 1: Relationships Summer 2: Changing Me (including Sex Education)</p> <p>Tied into the themes of Jigsaw, Barnfields promotes learning of British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.</p> <p>In addition to our PSHE Jigsaw curriculum, Barnfields also approaches PSHE through other areas of learning including E-Safety in computer science and Science through healthy eating. Issues relating to PSHE are often discussed with the Junior Leadership Team, as well as promoting awareness of mental health and anti-bullying through whole-school activities and assemblies.</p>	
<p><i>At Barnfields Primary School, we understand that it is our responsibility to deliver a high-quality, age-appropriate and evidence-based relationships, sex and health curriculum for all our pupils. Our PSHE curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health.</i></p>	<p>The DfE states that ‘Knowledge about safer sex and sexual health is important to ensure that young people are equipped to make safe, informed and healthy choices. This should be delivered in a non-judgemental, factual way and allow scope for young people to ask questions in a safe environment. Schools have the freedom to develop an age-appropriate, developmental curriculum which meets the needs of their young people, in consultation with parents and the local community.’</p>	<p>The statutory guidance for Relationships and Health Education for primary schools and RSE (commonly jointly referred to as RSHE), came into effect in September 2020 and at Barnfields, we provide children with a full education of relationship and sex education. We begin to teach the RSHE curriculum during the summer term, supported by Jigsaw’s programme of study. The lessons are taught through two topics: Relationships and Changing Me (including sex education).</p> <p>Over the first half term, the Relationships topic is taught. The content is pitched at an appropriate level for the children’s social and emotional development and therefore differs vastly throughout the year groups. For example, in Key Stage One children learn about family relationships and begin to learn about different family structures in their own community and the wider world. In Lower Key Stage Two, children learn about family roles and responsibilities and how this impacts them and their lives. Children will also reflect on how these differ across a variety of cultures. In Upper Key Stage Two, children learn about love and loss, and how to acknowledge these feelings whilst giving them strategies to cope. There are many more areas of Relationships</p>	<p>Our provision equips children with an understanding of life in modern Britain and prepares them to be tolerant and accepting of the full diversity of the world they live in.</p> <p>Relationships Education focuses on giving children the knowledge they need to make informed decisions about their wellbeing, health and relationships, therefore building their self-efficacy.</p> <p>Health Education focuses on equipping children</p>

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		<p>that are covered across the school: they provide children with the tools to carry with them on the next stage of their lives.</p> <p>Summer 2 offers the Changing Me (including sex education) topic. During this time, children will learn all about life cycles and their bodies. As with all of our PSHE and RSHE units of work, Changing Me is planned and delivered carefully and sensitively. Part of the Key Stage One provision focuses on growing up, coping with change and begins to look at life cycles, including changes since birth. In Lower Key Stage Two, examples of their learning include: how babies grow; understanding a baby's needs; outside body changes and inside body changes. Whilst in Upper Key Stage Two, the children learn about self- and body image, Influence of online and media on body image, puberty for girls and puberty for boys.</p>	<p>with the knowledge they need to make good decisions about their own health and wellbeing.</p>
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